

# Recumbent bike TG0891

Designed to give the user a cardiovascular workout and improve leg strength and muscle tone. The Recumbent Bike is ideal as a rehabilitation tool, keeping the back in a fixed position whilst working the lower body. The Recumbent Bike comes with our bespoke made all aluminium pedals. These look and work brilliantly, but most importantly, they will never rust. This piece is also available in the TGO mini range if you want to charge your phone whilst exercising, the TGO Recumbent Bike is also available in Cardio Charge (see TGO892). Generate electricity whilst exercising and charge your mobile phone or tablet as the same time. People Power!

## Specification

- 1. 100% Made in Britain
- Certified to EN16630, (legacy standards, BSI PAS888 safety compliant for ALL ages, users and non-users & DIN79000 - safety compliant for users, aged 14+). All TGO outdoor gym equipment is free from exposed end stops, entrapments, sharp edges and crush points

#### ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS

- Great instructional signage- workout QR code videos, start and finish diagrams.
- Weatherproof
- Resistance-based equipment no electricity required
- Low maintenance
- 7. Designs include key elements of Inclusive Fitness Initiative guidelines
- 8. TGO plant a tree in the NHS Forest for every piece of equipment sold
- Anti vandal fixings
- 10. Available in all major RAL colours
- 11. Stop mechanisms concealed
- 12. Paint UV stabilised
- 13. Welds certified to EN15015614
- 14. Powder coated finish
- 15. Separate ground anchor for future upgrades















Clear Space Required (25mm tolerance added in each direction)

Recommended Surfacing

Base Plate & Centre Lines

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#### **Production Details**

Manufacturer Standard: EN16630 (legacy standards - PAS888, Din79000)

Framework: Mild steel grade S275 (min 3mm thick)

Bearing Surfaces: Grade 316 stainless steel

Finish: High quality gloss finish polyester powder coat paint

Signage Plate: High quality reverse printed PETG

Seats and Backs: Enhanced polyphenylene ether (PPE) resin

#### **Enhanced Corrosion Protection**

An enhanced corrosion protection is available on request for this product. Hot dip galvanising is the process TGO use to add a protective coating to the body of our products on our equipment in coastal areas, which have higher air salinity or in harsh urban and industrial atmospheres with higher sulphur dioxide pollution\*.

The upgrade includes:

- Upgrading to hot dip galvanising
- Fixings are upgraded from A2 to A4 stainless steel

\*An upgrade to galvanised steel will be necessary for the warranty in these environments.

#### Installation

\*An upgrade to galvanised steel will be necessary for the warranty in these environments. This product is installed onto a generic TGO Large Ground Anchor. Please see the 'TGOGC Installation & Assembly Guidelines' for guidance on installing this anchor. Please refer to the diagram opposite for safety spacing.

#### Safety

This product requires 1.5m of clear space around the equipment (green outline).

- Falling height: 0.53m
- Clear Space: 16.2m<sup>2</sup>

There is no safer surface requirement and therefore TGO only recommend a minimal surface area (grey outline).

### Parts List

No	Part	Dimensions	Weight	Qty
1	Recumbent Bike	L1320, W650, H1010	90 kg	1
2	Large Anchor <sup>+</sup>	L777, W489, H344	23 kg	1

<sup>\*</sup>Substituted with 6x HILTI fixings for surface mounted option















