

Energy Gyms

Smart Energy Circuit

Piloted in Queen Elizabeth Olympic Park, this brilliant smart package offers something for everyone from inactive to active with 4 energy generating pieces, users can charge their phones and light the rig up. The space is a circular design and provides trainers with great circuit stations. The space has been used by Tough Mudder to train for the events.

A BLACK WET POUR

B COLOUR WET POUR

Only suitable for installation onto wet pour

13 Interactive Signage



People can scan their workout whilst using this gym

11 Smart

Smart counts hits of the gym and feeds into dashboard



Level	1	2	3	4	5
Cardio	●	●	●	●	●
Toning	●	●	●	●	●
Strength	●	●	●	●	●
Energy	●	●	●	●	●

No. of Users	Min Area	Min Surfacing
15+	10.6m Dia	88m ²

1 Activate App



Users can find a gym, scan signage, log and track their workout and share with friends.



2 British-made



3 Energy generating

Generates human powered electricity



4 Inclusive fitness

All equipment is designed in accordance with Inclusive Fitness Guidelines (IFI)



12 Space for trainers

5 Great for inactives

6 Advanced



7 Active Flooring



10 Wheelchair accessible



9 Interactive LEDs

Responsive to human power being generated on cardio charge



8 Full body



Equipment List:

- Energy Cross Trainer
- Energy Recumbent Bike
- Energy Inclusive Rig
- Features: monkey bars, multiple pull ups, swedish walls, plyometric platform, rope fixings and leg raise
- Energy Spinning Bike
- Smart Energy Hand Bike
- Welcome Sign



INCLUSIVE

ENERGY GENERATING

INTERACTIVE LEDS

CALLISTHENICS

SPACE FOR TRAINERS

TG0908 Energy Hand Bike



Features

- Charge your device using human power
- 'Smart' counts hits of gym

Benefits

- ✓ Wheelchair accessible
- ✓ Good for targeting people new to exercise

TG0971 Energy Spinning Bike



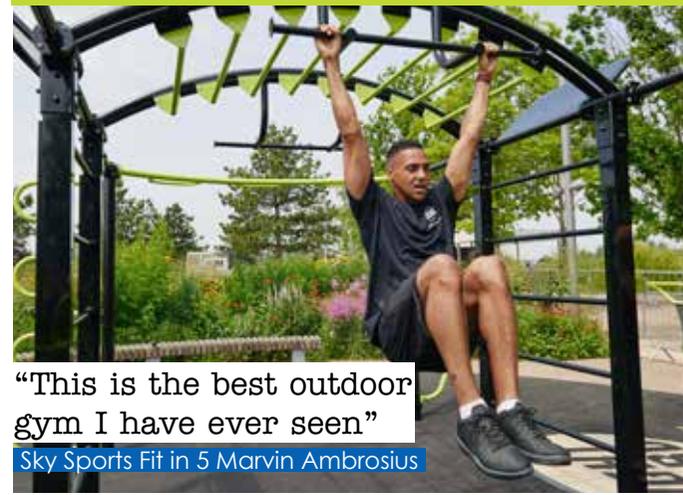
Features

- ✓ Charge your device using human power
- ✓ 'Smart' counts hits of gym

Benefits

- ✓ Great for people new to exercise
- ✓ Low impact

TG0510 Inclusive Energy Rig



"This is the best outdoor gym I have ever seen"

Sky Sports Fit in 5 Marvin Ambrosius

Features

- ✓ Interactive LED's
- ✓ Advanced exercise features

Benefits

- ✓ Good transition piece for older children
- ✓ Great for trainers